



A Word About Daily Routines

A daily routine will create an environment where children can experience a variety of planned and unplanned (yet intentional) activities. Children thrive under a balance of active and quiet times. Offer children a variety of learning experiences that include individual, small and large group settings. Within each of these settings, invite children to determine how long you explore each activity and in what ways the activity evolves.

Mother Goose Time activities offer approximately three hours each day of intended instruction. We suggest many extensions and activities to carry you through the free play and extended day schedules. Our recommended schedule is for a full day, but please adapt as necessary to fit your time and children.

Arrival - 8:30am	Meet and Greet Welcome each child. Encourage free exploration of activity areas.
8:30-9 am	Circle Time Children sit in a large group and discuss the question of the day. Children explore the weather, calendar, and learn a new rhyme or song.
9-10 am	Free Play Transition from Circle Time to free play with suggested transition activity in the Lesson Plan Book. Children explore activity areas and build with blocks, sand/water, make art, play dress-up, or choose books to explore.
10-10:15 am	Snack Children participate in snack prep, hand washing, serving and clean-up.
10:15-11:30 am	Small Group While a few children participate in the activities from the Teacher Guide with you, others play freely in activity areas while waiting for their turn.
11:30-12 pm	Outside Play Children participate in active play outdoors. Create natural playscapes which allow children to interact with bugs, plants, water, trees and nature.
12-1 pm	Lunch Children participate in food preparation, hand washing, serving and clean-up. Family style meals are a great way to expose children to social skills, mathematics, and language skills.
1-1:15 pm	Story Time Explore books, letters, rhymes and storytelling. Use your own books or the included Mother Goose materials, suggested language and activity in the Teacher Guide.
1:15-2 pm	Rest Time Provide quiet activities such as soothing music, low lights, books or individual toys that relate a restful ambiance.
2-3:15 pm	Discovery Time Children play with materials in activity areas while teacher uses this time to focus on one-to-one activities with each child.
3:15-3:30 pm	Snack Children participate in food preparation, hand washing, serving and clean-up.
3:30-4:30 pm	Outside Play Children participate in outdoor activities and experience nature in play. Bring "indoor" materials out to blend the indoor/outdoor experience.
4:30-5 pm	Music Closing Time Children participate in the closing song and reflect on the day's activities.